WEBINAR DISCUSSION GUIDE

Spotlight on Stability Skills – Tuesday, November 15, 2011

Guiding Questions and Webinar Reflections

Tracy Lockwood – Ever Active Schools

Please use the following questions along with the archived webinar as a discussion guide for a professional development group activity or as an individual reflection tool.

- **What are some key websites to visit that will help support your Physical Literacy and Fundamental Movement Skills planning?**

- **What are some resources that will support your Physical Literacy and Fundamental Movement Skills planning?**

- **How do you plan to include stability skills into your program?**

- **What other questions do I/we have about Ever Active Schools, Physical Literacy, Fundamental Movement Skills and/or Stability Skills?**